

Splenda: Is it Safe or Not?

Do you suffer from unexplained tiredness, sluggishness, and fatigue? Do your legs feel like lead weights? Are you experiencing mood swings, depression, severe cramps and bloating? Do you suffer from intense pain, diarrhea, painful bowel movements, dizziness, brain fog or confusion? The artificial sweetener Splenda (Sucralose) could be the reason.

Splenda is found in over 4,000 products, including many diet foods and drinks, ice cream, energy bars, toothpaste, gum, and even over-the-counter medications. Despite the many warnings about its potential dangers, consumer use of this artificial sweetener is growing, by nearly 10% annually.

The problem is that Splenda is made with three chlorine atoms that are bound to a molecule of sugar. The chlorine reacts with organic material creating chlorination by-products that can trigger the various symptoms.

If you are experiencing these symptoms, and know you use products made with Splenda, the solution is to stop consuming these products. One should see improvement of symptoms from eliminating products containing this artificial sweetener from their diet for a minimum of 30 days.

Repeating the following Quantum Techniques code at least twice a day will help your body as it clears the product from your system:

eb, if, eb, e, if, lf, sh, g50, sh, g50, eb, e, if, lf, sh, liv, g50 sh, g50, eb, e, if, lf, sh, liv, mf, g50, sh, g50, oe, a, c, 9g, un, sh, un, standard chakra pattern once.

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